

# ***SEEDING CHANGE***

*Linking Youth for Food Sovereignty  
in Honduras and Canada*

Thursday, July 2nd, 2009 7-9pm

Umi Café, 610 Somerset Street West, Ottawa

Featuring:

- Deysi Marisol Ramos Ramirez and Sergio Ramírez, young organic farmers from Honduras
- TBD - youth farmer from Ottawa Valley

What if solutions for our food system could be found in our own backyards? Join us on July 2nd at Umi Café to learn about how your farming, gardening, and food justice activities connect with the global campaign for food sovereignty.

For more  
information contact Sarah at  
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This event is organized by USC Canada - a social justice organization that promotes vibrant family farms, strong rural communities, and healthy ecosystems around the world - and friends.